

WILL POWER/WON'T POWER PROGRAM

Will Power/Won't Power is a series of workshops for girls 12-14 years old teaching assertive communication, forming healthy relationships, avoiding risky situations, and learning about teen health. It was developed by Girls Incorporated, and is facilitated entirely by trained Youth Leaders.

Will Power/Won't Power:

- Focuses on values and healthy relationships
- Helps girls identify and avoid risky situations
- Provides factual information on female health and the reproductive system
- Encourages girls to value and support each other



girls
inc.®

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