# Girls Inc. of the Central Coast Programs:

The dominant characteristic of GICC is our **Youth Leaders Program**. We are the only Girls Inc. affiliate to offer programs entirely facilitated by teens. The Youth Leader program is a paid internship in which ECHO graduates have opportunities to continue their leadership development by delivering programs to young women in all GICC Programs. Youth Leaders work in close partnership with GICC staff and volunteer program advocates. (30-40 young women/year)

**1. ECHO Program** is a year-long leadership program designed for girls ages 15-17 to pursue college/university, and plan for their careers (200-270 young women/year). The program includes peer to peer teaching from Youth Leaders, who are trained and paid by Girls Inc. **Cost \$26,000 per school site** 

**2. Smart Choices Summer Program** is a week-long summer program at UC Santa Cruz which inspires middle school girls to go to college/university. This program includes room and board in the dorms for the entire week. (70-90 girls/summer) **Cost \$56,350** 

**3. Friendly PEERsuasion**<sup>®</sup> approaches drug abuse prevention as a peer issue, with middle school girls modeling healthy behaviors to elementary school girls. This two-part program trains girls ages 11-14 to serve as role models and teachers for 10-year-old girls. (400-600 girls/year) **Cost \$11,890 per school site** 

**4. Will Power/Won't Power®** is a series of workshops for girls ages 12-14 about assertive communication, healthy relationships, avoiding risky situations, developing sisterhood, and understanding female health and the reproductive system. (250-270 girls/year) **Cost \$6,250 per school site** 

**5. Growing Together**<sup>®</sup> is designed to increase positive communication, without embarrassment, between mothers (or other significant adults) and their 9-to 12-year-old daughters about sexual behavior and puberty. (200-300 girls and their mothers/year) **Cost \$4,150 per school site** 

**6.** Strong, Smart and Bold Summer Camp <sup>®</sup> is a two-week day camp for girls ages 8 to 11. Girls learn about media messages and their impact on girls, and about science through hands-on experiments. The camp is also designed to sustain girl's interest in sports by introducing them to nontraditional activities and adventures. (80-100 girls/summer) Cost \$27,380 per camp



YES! Girls Inc. in Monterey County can count on my support!

Name	
Address	
City	State Zip
Phone	E-mail

## I would like to sponsor:

- A high school girl to attend the ECHO Leadership program at \$1,000
- □ A middle school girl to attend the Smart Choices Summer Program at UC Santa Cruz at \$600
- A middle school girl to attend the Friendly PEERsuasion Program at \$400
- A middle school girl's participation in Will Power/Won't Power at \$250
- □ An elementary girl and her mom to attend Growing Together at \$200
- Sponsor an elementary girl to attend the Strong, Smart and Bold Summer Camp at \$300
- D Please use my donation wherever it is most needed
- Other donation amount \$\_\_\_\_\_

## Payment:

- □ My check is enclosed, made payable to Girls Inc. of the Central Coast.
- Please charge my Visa/MC (circle one) Amount \$\_\_\_\_\_.

Card # \_\_\_\_\_ Expiration date \_\_\_\_\_ Last 3 digits on the back of the card \_\_\_\_\_

- Please charge me every April.
- Please charge me 
  \_\_\_\_\_monthly/quarterly. (circle one)

\_\_\_\_ Signature as it appears on the card

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